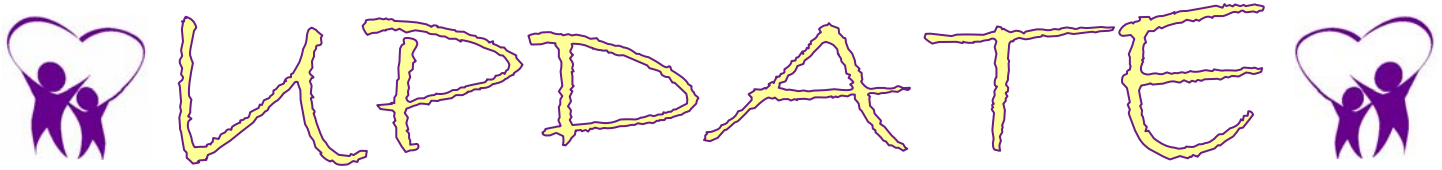


# OFFICE OF CHILD AND FAMILY SERVICES



March – April 2006

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## STAFF CONTACT INFORMATION

|  |                |
|--|----------------|
| <b>Shirley Ricks, Director</b><br><a href="mailto:shirley.ricks@co.dmbmrsas.virginia.gov">shirley.ricks@co.dmbmrsas.virginia.gov</a>                                     | (804) 786-0992 |
| <b>Frank Beylotte, Child and Adolescent Evaluation Associate</b><br><a href="mailto:frank.beylotte@co.dmbmrsas.virginia.gov">frank.beylotte@co.dmbmrsas.virginia.gov</a> | (804) 225-3696 |
| <b>Will Bronson, Child and Adolescent Program Specialist</b><br><a href="mailto:will.bronson@co.dmbmrsas.virginia.gov">will.bronson@co.dmbmrsas.virginia.gov</a>         | (804) 371-6592 |
| <b>Beverly Crouse, Part C Technical Assistance Consultant</b><br><a href="mailto:bcrouse@vt.edu">bcrouse@vt.edu</a>  | (540) 231-6208 |
| <b>Mary Ann Discenza, Part C Coordinator</b><br><a href="mailto:maryann.discenza@co.dmbmrsas.virginia.gov">maryann.discenza@co.dmbmrsas.virginia.gov</a>                 | (804) 371-6592 |
| <b>Karen Durst, Part C Technical Assistance Consultant</b><br><a href="mailto:karen.durst@co.dmbmrsas.virginia.gov">karen.durst@co.dmbmrsas.virginia.gov</a>             | (804) 786-9844 |
| <b>Bonnie Grifa, Part C Monitoring Consultant</b><br><a href="mailto:bonita.grifa@co.dmbmrsas.virginia.gov">bonita.grifa@co.dmbmrsas.virginia.gov</a>                    | (804) 786-4301 |
| <b>Cori Hill, Part C Training Consultant</b><br><a href="mailto:corihill@ntelos.net">corihill@ntelos.net</a>   | (540) 943-6776 |
| <b>Martha Kurgans, Program Manager</b><br><a href="mailto:martha.kurgans@co.dmbmrsas.virginia.gov">martha.kurgans@co.dmbmrsas.virginia.gov</a>                           | (804) 371-2184 |
| <b>Janet Lung, LCSW, Manager of Child and Adolescent Services</b><br><a href="mailto:janet.lung@co.dmbmrsas.virginia.gov">janet.lung@co.dmbmrsas.virginia.gov</a>        | (804) 371-2137 |
| <b>David Mills, Part C Data Manager</b><br><a href="mailto:david.mills@co.dmbmrsas.virginia.gov">david.mills@co.dmbmrsas.virginia.gov</a>                                | (804) 371-6593 |
| <b>Beth Tolley, Part C Technical Assistance Consultant</b><br><a href="mailto:beth.tolley@co.dmbmrsas.virginia.gov">beth.tolley@co.dmbmrsas.virginia.gov</a>             | (804) 371-6595 |
| <b>LaKeisha White, Office Services Specialist</b><br><a href="mailto:keisha.white@co.dmbmrsas.virginia.gov">keisha.white@co.dmbmrsas.virginia.gov</a>                    | (804) 786-3710 |
| <b>Mary Anne White, Part C Monitoring Consultant</b><br><a href="mailto:maryanne.white@co.dmbmrsas.virginia.gov">maryanne.white@co.dmbmrsas.virginia.gov</a>             | (804) 786-1522 |

## Governor's System Transformation Initiative Supports New Children's Services

The governor's budget for the FY 07 – FY 08 biennium includes \$17.4 million in new funding that promises to move the system of care forward significantly over the next two years. Specifically, the budget includes \$8 million for Part C Early Intervention Services for children; \$2 million for two additional system of care demonstration projects; \$2 million for expanded CSB services in juvenile detention centers and \$5.4 million for 110 new waiver slots for children. This is cause for celebration!

## New Staff in OCFS

We are pleased to announce that Frank Beylotte joined the Office of Child and Family Services as an Evaluation Associate on Friday, February 10. Frank

has a background in research, most recently serving at Virginia Commonwealth University and previously at the American Psychological Association. He earned a Master's Degree in Developmental Psychology from Johns Hopkins University and a Bachelor's degree in Psychology from the University of South Carolina. Frank's primary focus will be the evaluation of the system of care demonstration projects. Other projects will include the CSB services in juvenile detention centers, CCS, and other child and family data collection, analysis and reporting activities.

## Federal Fiscal Year (FFY) 2006 Part C Federal Application

(Contact: Mary Ann Discenza)

The Part C Federal Application for FFY 2006 has been made available for a 60-day public exposure period

beginning January 23, 2006 and concluding on March 25, 2006. The document is also being made available for a 30-day public comment period beginning February 23, 2006 and concluding March 25, 2006. The public availability period and the public comment period have been implemented in order to meet the requirements of the Office of Special Education Programs (OSEP). The federal application is due to OSEP no later than April 07, 2006 in order to ensure that federal funding is received on July 01, 2006.

The document can be found on the Infant & Toddler Connection of Virginia website at [www.infantva.org](http://www.infantva.org).

Please submit all written public comments to:

Mary Ann Discenza, Part C Coordinator  
DMHMRSAS  
Part C, 9th Floor  
P. O. Box 1797  
Richmond, Virginia 23218-1797

Electronic comments may be sent to [maryann.discenza@co.dmhmrzas.virginia.gov](mailto:maryann.discenza@co.dmhmrzas.virginia.gov).

## State Fiscal Year (SFY) 2007 Local Contract for Continuing Participation in Part C

(Contact: Karen Durst and David Mills)

A group of stakeholders met in December to address the development of the State Fiscal Year (SFY) 2007 Part C contract. The group consisted of stakeholders representing parents; system managers; service providers; executive directors; mental retardation directors; fiscal representatives of the Department of Mental Health, Mental Retardation and Substance Abuse Services (DMHMRSAS); and Part C staff.

A draft of the contract is being made available for a 30-day public comment period beginning March 01, 2006 and concluding March 30, 2006. The document can be found on the Infant & Toddler Connection of Virginia website at [www.infantva.org](http://www.infantva.org). Please submit all written public comments to:

Mary Ann Discenza, Part C Coordinator  
DMHMRSAS  
Part C, 9th Floor  
P. O. Box 1797  
Richmond, Virginia 23218-1797

Electronic comments may be sent to [maryann.discenza@co.dmhmrzas.virginia.gov](mailto:maryann.discenza@co.dmhmrzas.virginia.gov).

Following the public comment period and any subsequent changes, the contract must then undergo final approval by the Office of the Attorney General. SFY 2007 contracts will be distributed to local systems in adequate time for completion of the signature process by July 01, 2006.

## Central Directory

(Contact: David Mills)

The following is a report on the calls received during the last three years by the Central Directory.

### Central Directory Calls per Month: Last Three Years

|           | 2003 | 2004 | 2005 |
|-----------|------|------|------|
| January   | 11   | 31   | 37   |
| February  | 25   | 37   | 60   |
| March     | 30   | 50   | 94   |
| April     | 34   | 58   | 80   |
| May       | 26   | 39   | 46   |
| June      | 38   | 66   | 90   |
| July      | 34   | 62   | 60   |
| August    | 39   | 40   | 87   |
| September | 29   | 46   | 57   |
| October   | 50   | 47   | 43   |
| November  | 18   | 78   | 28   |
| December  | 12   | 30   | 37   |

**Total: 346 584 719**

## Integrated Training Collaborative

(Contact: Cori Hill and Beverly Crouse)

### Creating Connections Conference

Have you registered for the *Creating Connections* conference yet? The last day to register with the **early bird rate of \$75.00 is March 23rd**. Any registrations received after that date will be \$95.00 per participant. Register soon. Space is limited.

Larry Edelman and Kathie Snow will be the featured speakers at the conference. The conference offers sixteen wonderful concurrent sessions, each lasting over two hours in order to provide more in-depth training opportunities. Concurrent session titles and presenter names are available on the ITC web page. This year, there will be eighteen vendors and door prizes.

### ITC Web page

Take a look at the new ITC web page. It is located on the Part C website under “Integrated Training Collaborative.” A special “THANK YOU” to David Mills and Henry Witz for their assistance in bringing this to fruition. Additions will be made as training tools are developed, resources are identified, etc. Let someone on the ITC know what you think.

### Kaleidoscope I (KI) Training

The next KI training is scheduled for March 30th, March 31st and May 19th in Northern Virginia. The exact location will be determined within the next week. Space is limited to thirty service coordinators. **Please note: This is the last KI training for this contract year.** Interested service coordinators should call or e-mail Cori Hill at (540) 943-6776 or [corihill@ntelos.net](mailto:corihill@ntelos.net). Spaces are filling very quickly! **Approximately fifteen service coordinators have already registered.**

If you would like further information regarding the ITC, please contact Cori Hill at (540) 943-6776 or [corihill@ntelos.net](mailto:corihill@ntelos.net)

### Systems of Care Development

The Office of Child and Family Services continues its commitment to fostering development of the system of care philosophy through a variety of collaborative initiatives and projects. Here is an update on a few of these:

#### *System of Care Demonstration Projects*

The two System of Care demonstration projects at RBHA and Planning District 1 are moving forward with implementation activities. Both projects have hired supervisors, lead therapists and are continuing their staffing development through recruitments of clinicians. The MST Project Supervisor attended MST training in Charleston, N.C. in November and all staff will be trained when the full complement of staff has been hired. The demonstration projects are working intensively with community stakeholders from the Department of Juvenile Justice (DJJ), Department of Social Services (DSS), detention providers and others to establish and coordinate their referral and access protocols.

The Office of Child and Family Services has been providing technical assistance and making monitoring visits to the programs. A focus group has

been meeting to develop the evaluation design for the demonstration projects, and a project evaluation associate, Frank Beylotte, has been hired in the Office of Child and Family Services. Planning is underway for funding two additional System of Care demonstration projects in FY 07.

#### *Parent and Family Involvement*

The Department of Mental Health, Mental Retardation and Substance Abuse Services (DMHMRSAS) is pleased to report that the parent support organization formerly known as Parents and Children Coping Together has affiliated with the national Federation of Families and has changed its name to Virginia Federation of Families (VA FOF). VA FOF is a program under Medical Homes Plus, Inc. (MHP) and serves to provide resource coordination for individuals, provides training opportunities for parents and family members, and assists the efforts of various support groups for parents of children with emotional, behavioral and mental health problems. MHP also advocates improving the health resources available to children. As the funding entity, the Department anticipates that this collaboration will allow VA FOF to reach more people and to provide more resources and training opportunities. The VA FOF will feature a quarterly newsletter entitled “Family Watch” and can be accessed at the VA FOF website at [www.vafof.org](http://www.vafof.org).

In addition, the Department is also very pleased to report on the progress of the Virginia Integrated Network of Family Organization (VA-INFO). This organization serves to ensure that families of children and young adults with special needs obtain the optimal and most current knowledge, support and services and includes membership from the following community organizations: The VA FOF, Family Voices of VA, Parent to Parent of VA, The Arc-Family Involvement Project, Parent Education and Assistance Training Center (PEATC). DMHMRSAS provided the funding to seed the development of VA-INFO and to bring together this coalition of organizations that serve parents.

Parents and family members interested in contacting the VA FOF or VA-INFO should use the following contact information:

## **VA Federation of Families**

Joyce Kube, Director  
804-264-8428  
1-877-264-8366  
[www.vafof.org](http://www.vafof.org)

## **VA-Info @Medical Home Plus**

8660 Staples Mill Road  
Richmond, VA 23228  
804-264-8428  
1-877-264-8366  
[www.va-info.org](http://www.va-info.org)

*VA FOF is a non-profit corporation. Primary funding for both programs is provided by the Department of MHMRSAS with federal Center for Mental Health Services (CMHS) Block funds. Donations are welcome.*

### ***Mental Health Services for Children Involved with the Juvenile Justice System***

Since July 2003, the Department of MHMRSAS Office of Child and Family Services (OCFS) has collaborated with the Department of Criminal Justice Services (DCJS), and local Community Service Boards/Behavioral Health Authorities (CSB/BHA) to provide mental health services to youth in five (5) local juvenile detention facilities. The project provides for a licensed mental health therapist and a case manager employed by the local CSB/BHA to be housed at the local detention sites. The CSB/BHA staff deliver an array of mental health services to include: mental health and substance abuse assessment services, individualized case planning and service coordination, individual and small group counseling, referral for specialized medical or psychiatric evaluations, consultation (with detention staff, probation staff, and parents/guardians), discharge planning, and post-release service coordination to facilitate service continuity through community resources. It is the Department's view that these services offer increased opportunities to expand the capacity of both the CSB and the local detention facility to provide much needed mental health services for youth who are in need of mental health treatment and are involved with the juvenile justice system.

In an effort to increase the number of youth served with this initiative, starting in September 2005, the

Department identified state general funds to expand the projects to provide these services in two additional sites. Pilot sites are located at the following locations (listed in order of project start):

- Chesapeake Juvenile Services Center/Chesapeake CSB (City of Chesapeake)
- Crossroads CSB/Piedmont Juvenile Detention Center (Farmville)
- Highlands Juvenile Detention Center/Planning District One BHA (City of Bristol, Lee, Scott, Wise Counties)
- Richmond Juvenile Detention Home/Richmond BHA (City of Richmond)
- Shenandoah Valley Juvenile Services Center/Valley CSB (Cities of Staunton & Waynesboro)
- Lynchburg Juvenile Detention Center/Central VA CSB
- Norfolk Juvenile Detention Center/Norfolk CSB

### **New developments in Integrated Mental Health and Substance Abuse Services**

For some time, DMHMRSAS and the Department of Medical Assistance Services (DMAS) have been working together to improve and integrate services for individuals who have co-occurring mental health and substance abuse disorders. Revisions are proposed to the DMAS Provider Manual for Community Mental Health Rehabilitative Services that will include language that facilitates treatment of co-occurring disorders. For clients with a mental health diagnosis that qualifies them for Medicaid – reimbursable mental health services, all appropriate substance abuse services (other than detox) are reimbursable. Appropriate for Medicaid purposes means that the substance abuse treatment serves to positively impact the mental health condition and must be documented in the assessment, the ISP, and the progress notes. For example, if a child or adolescent has co-occurring mental health and substance use disorders, integrated treatment is allowed within Intensive In-Home Services as long as the treatment for the substance abuse condition is intended to positively impact the mental health condition. The impact of the substance abuse condition on the mental health condition must be documented in the assessment, the ISP, and the



progress notes. Documentation will be extremely important in providing integrated mental health and substance abuse services.

In addition, DMAS and OCFS provided training on Day Treatment and Residential Treatment for Pregnant and Postpartum Women and Baby Care services. Future training will cover the use of Mental Health Targeted Case Management. This service is for adults with serious emotional disturbance and children with or at-risk of serious emotional disturbance and can be provided to individuals who have a co-occurring substance abuse disorder.

### **Revised Guidelines for the Use of Mental Health Initiative Funds**

During the fall of 2005, a collaborative workgroup, including CSB, DJJ, CSA and parent representatives, met to advise the Department on the guidelines and to clarify some important issues that may impede effective use of the funds. The purpose of the guidelines is to provide a clear understanding of the appropriate use of the funds and to assure effective linkages between CSBs and CPMTs in serving children. The revised guidelines, including the advisory group's input, have been distributed to CSBs and other interested persons and posted on the DMHMFAS Child and Family Services web page at [www.dmhmrzas.virginia.gov](http://www.dmhmrzas.virginia.gov) (click on Child and Family Services) CSB allocations of MHI funds are also on the web page. Thanks to everyone who participated in this collaborative effort!

### **Child and Family Behavioral Health Policy and Planning Committee (CFBHPPC) (Otherwise known as Budget Item 330F)**

At the most recent meeting of the CFBHPPC Committee, the committee discussed information on the Governor's budget and Guiding Principles for the funding, the Department's Transformation Initiative Master Guidance Document, and specifically the Governor's System Transformation Initiative for children's services. Members of the committee volunteered to serve on the teams for the transformation initiative.

The committee heard a presentation about a Medicaid Study that Virginia Tech's Policy Institute is undertaking. The project is dealing with issues of coordination of care and the lack of providers in the community and is exploring mechanisms for service

delivery, including an Administrative Services Organization (ASO). Several ideas have been proposed through focus groups and consideration is being given to System of Care as one form of ASO. The project's initial thought is to use a regional approach, pilots with a regional medical center, acknowledging different characteristics for localities; the project is proposing three pilots. The Project, initially proposed by DSS, is working through feasibility and anticipates seeking funding for the pilots. Priorities include some type of an ASO model, local departments of social services, especially in rural areas to bring in the capacity of local departments' to provide health care services and thereby enabling complementary services such as EPSDT screenings in coordination with school systems. The project recognizes the priority of the ASO and only proposed the second priority to stimulate discussion. Extensive information about the CFBHPPC is posted on the Child and Family Services web page at [www.dmhmrzas.virginia.gov](http://www.dmhmrzas.virginia.gov) (click on Child and Family Services)

### **Child and Family Advisory Committee to the Office of Child and Family Services**

The Child and Family Advisory Committee met on February 21. The families were interested in networking and spent the first half hour of the meeting discussing issues and priorities for the committee to consider. The committee heard information on the Governor's budget and Guiding Principles for the funding, the Department's Transformation Initiative Master Guidance Document, and specifically the Governor's System Transformation Initiative for children's services. Pat Thacker, MR Director for the Hanover CSB, presented information on case management services, as well as providing the committee members with an overview of the Hanover CSB. The next meeting of the advisory committee will occur on May 16, 2006. More information is at [www.dmhmrzas.virginia.gov](http://www.dmhmrzas.virginia.gov) (click on Child and Family Services).

**Project LINK** held its first All Staff Meeting on January 16<sup>th</sup> at Region Ten CSB. Although Coordinators from the 8 Project LINK sites meet every other month, this was the first attempt to include all staff from each Project LINK site. Twenty-five staff from six of the sites attended. Staff discussed the similarities and differences between the

sites and shared ideas about developing services. Karen Durst and Bonita Griffith presented on Early Intervention Part C Services and led a discussion regarding ways to improve linkage and referrals between Early Intervention and Project LINK services.

## Training Opportunities Sponsored by OCFS

### *Family Focused Treatment*

This 5-session, web-based course that is intended for substance abuse clinicians who work with consumers who are parents. This course addresses the importance of helping clients recognize and understand the impact of their addiction and recovery on their children and why clinicians need to focus treatment to address not just the parent's recovery but the safety and well-being of their children. Janet Loving LPC, CSAC, Clinical Supervisor for Women's Substance Abuse Services, Chesterfield CSB, developed the course and is also the instructor. The course was free to CSB staff and began Jan 30 and runs through the end of March. It will be repeated for CSB staff in late spring. Future classes will be open to the public for a fee.

### *ASAM Training*

Free training on *The Adolescent ASAM Patient Placement Criteria: Understanding, Using and Implementing the Adolescent ASAM PPC-2R*, in Roanoke (April 4<sup>th</sup> & 5<sup>th</sup>) and Richmond (6<sup>th</sup> & 7<sup>th</sup>). Workshops provide an understanding of the criteria and develop assessment and documentation skills. The Patient Placement Criteria of the American Society of Addiction Medicine provide a common language and systematic assessment and treatment approach that allows for effective, individualized treatment plans and treatment placement. The trainer, David Mee-Lee, is a board certified psychiatrist and Chief Editor of the revised second edition of the ASAM PPC-2R.

### *Virginia Summer Institute for Addiction Studies*

The Virginia Summer Institute for Addiction Studies will be held July 17-21 at the College of William and Mary. Registration material should be out in early April and will also be available on VSIAS' website. As a follow-up to last year's presentation on substance exposed newborns, the national Fetal Alcohol Spectrum Disorders Center of Excellence

will provide a presentation on the impact of perinatal alcohol use. The adolescent track includes national experts: Ken Winters (Adolescent Assessment), Stephanie Covington (Trauma and Adolescent Substance Use), Doreen Cavanaugh (Systems of Care), Marc Fishman (the Adolescent Brain). Other topics: the GAIN, adolescent HIV; Dialectical Behavioral Treatment (DBT); family treatment; gender specific treatment for adolescents, re-entry issues for youth in the juvenile justice system and screening and referral for ancillary providers. One scholarship will be awarded to each CSB for adolescent treatment staff; additional scholarships will be available for ancillary service providers. For more information go to [www.vsiias.org](http://www.vsiias.org) or contact Martha Kurgans.

## RESOURCES

### *Bright Futures and EPSDT Web Course*

The Virginia Department of Health has developed a self-paced web based course on Bright Futures & EPSDT. The web course provides an overview of Bright Futures Guidelines, explains Virginia's EPSDT program services and how Bright Futures can be implemented as part of the EPSDT program services to promote child and adolescent health. The web course consists of six individual modules and a course posttest/evaluation. The course is free and available to anyone.

<http://www.pubinfo.vcu.edu/curriculum/cme/bf/default.asp>

### *Early Intervention Contributes to Families' Quality of Life*

The results of a major study recently published in *Pediatrics* shows that early intervention has an overall positive effect on these families. This Snapshot from the Frank Porter Graham Child Development Institute (FPG) summarizes the findings:

<http://www.fpg.unc.edu/~images/pdfs/snapshots/snap27.pdf>

### *The National Center on Addiction and Substance Abuse at Columbia*

This website provides information on substance abuse. Reports can be downloaded for free by going to the sites publication section. The most recent reports and

publications have focused on women; teens; the family; juvenile justice; etc. <http://www.casacolumbia.org>

Zero to Three Web Site

[http://www.zerotothree.org/ztt\\_parentAZ.html](http://www.zerotothree.org/ztt_parentAZ.html)

Failure to Thrive as a Manifestation of Child Neglect:

<http://pediatrics.aappublications.org/cgi/reprint/116/5/1234>

National Clearinghouse on Child Abuse and Neglect Information:

<http://nccanch.acf.hhs.gov/topics/prevention/index.cfm>

On this website the Welcome Letter

([http://nccanch.acf.hhs.gov/topics/prevention/welcome\\_letter.cfm](http://nccanch.acf.hhs.gov/topics/prevention/welcome_letter.cfm)) has resources for communities to help parents understand and meet their children's needs and protect them from harm. You may order or print a hard copy of the 2006 Community Resource Packet: Safe Children and Healthy Families Are a Shared Responsibility:

([http://nccanch.acf.hhs.gov/topics/prevention/prev\\_packet\\_2006.cfm](http://nccanch.acf.hhs.gov/topics/prevention/prev_packet_2006.cfm)) which includes both English and Spanish resources.

Developing a Comprehensive Approach to Child Abuse and Neglect Prevention

*Developing a Comprehensive Approach to Child Abuse and Neglect Prevention* - This new strategy brief from the Finance Project highlights major state and local strategies for policymakers to more effectively prevent child abuse and neglect. Available online at [http://www.financeproject.org/publications/childabus\\_eSB.pdf](http://www.financeproject.org/publications/childabus_eSB.pdf)

Diversity Resources for Faculty, Trainers and Programs  
Interested in resources that address key areas of early childhood or early intervention content AND diversity? Would you like to find videos, articles, syllabi and other resources for increasing the emphasis on cultural and linguistic diversity in your work? The Crosswalks Toolbox, an interactive database designed to identify resources that address both content and diversity, is now available at

<http://www.fpg.unc.edu/~scpp/crosswalks/toolbox/search.cfm>

There are **seven** different ways to search and use the Crosswalks Toolbox.

1. Search by title, author, publisher or key word.
2. Search by topic to find resources clustered under 21 commonly used early childhood themes.
3. Search by standard/domain to find resources clustered by major national early childhood frameworks (NAEYC Early Childhood Professional Development Standards, DEC Recommended Practices, CEC/DEC Content Standards, National Board of Professional Teaching Standards)
4. Select an aspect of diversity to find resources on a specific topic (e.g., linguistic diversity)
5. Select a tool type to find specific kinds of instructional tools (e.g., teaching cases, syllabi, activities)
6. Search by resource type to find materials in a particular format (e.g., videos, articles) to purchase or download.
7. Click on "List all ONLINE resources" to get a list of everything you can access online.

New resources are being added daily, so bookmark this site and check back often. The Crosswalks Toolbox is made possible through an outreach grant from the US Department of Education, Office of Special Education Programs (H324R030072).

For additional information about the Crosswalks Toolbox, please contact [catlett@mail.fpg.unc.edu](mailto:catlett@mail.fpg.unc.edu).